

## Nappy changing

### Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### Procedures

- Key Persons will monitor nappies/pull ups through-out the session and change nappies according to need.
- We will work with the parents/Carers to accommodate their wishes.
- Our key persons undertake changing children in their key groups; buddy key persons change them if the key person is absent. In some situations e.g when the key person or buddy is absent or dealing with a situation they are unable to come away from, another member of staff will change the child's nappies. As a small setting all staff are well known to the child and the child will be asked if they are happy to have their nappy changed by that staff member.
- Our changing area is located in the bathroom, it is a safe area to lay children on a change mat and with no bright lights shining down in their eyes. The staff member interacts with the child to ensure they are happy.
- Our staff put on gloves and aprons before changing starts and the change mat is wiped down with anti bacterial spray.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.

- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
  - Older children access the toilet when they have the need to and are encouraged to be independent.
  - We dispose of nappies and pull ups hygienically. The nappy or pull up is bagged and put in an outside bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
  - We have a ‘duty of care’ towards children’s personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].

Please sign below to say that you have read and agree to the above policy and procedure: